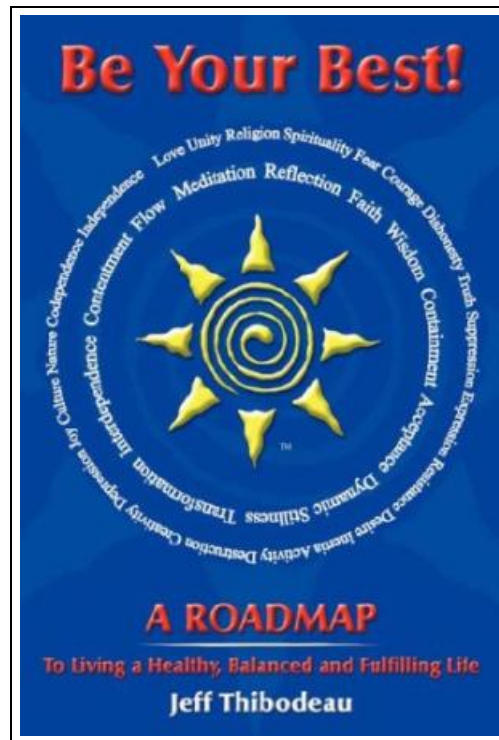


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BE YOUR BEST! A ROADMAP TO LIVING A HEALTHY, BALANCED AND FULFILLING LIFE



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