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## The Power Years: A User's Guide to the Rest of Your Life (Hardback)

By Ken Dychtwald, Daniel J. Kadlec

Turner Publishing Company, United States, 2005. Hardback. Condition: New. Language: English . Brand New Book. Do you want to stop worrying about money and start having more fun? Do you wish you had more time to spend with family and friends? Do you want to live the life you always envisioned? Then it's time for your Power Years. The Power Years is your step-by-step guide to repowerment and personal reinvention after forty. In this unique guidebook, world-renowned psychologist and leading authority on aging Ken Dychtwald and award-winning journalist Daniel J. Kadlec combine their decades of cutting-edge research and reporting to reveal how you can make the Power Years the best years of your life--by far. As we baby boomers move into the next stage of life, we now have the opportunity to experience a mold-shattering period of reinvention and personal growth, career liberation, nourishing relationships, and financial freedom. The Power Years helps us envision and embrace this new chapter of life as we develop a carefully thought-out plan for personal fulfillment. Sharing the inspiring stories of fascinating people as well as plenty of prescriptive advice, the authors reveal how you can: Rediscover your life's purpose Find a new balance between satisfying...



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